

## **WATER TREATMENT**

It is popular in Japan today to drink water immediately after waking up every morning. Furthermore, scientific tests have proven its value. We publish below a description of use of water for our readers. For old and serious diseases as well as modern illnesses the water treatment had been found successful by a Japanese medical society as a 100% cure for the following diseases:

Headache, body ache, heart system, arthritis, fast heart beat, epilepsy, excess fatness, bronchitis asthma, TB, meningitis, kidney and urine diseases, vomiting, gastritis, diarrhoea, piles, diabetes, constipation, all eye diseases, womb, cancer and menstrual disorders, ear nose and throat diseases.

## **METHOD OF TREATMENT**

- As you wake up in the morning before brushing teeth, drink 4 x 160ml glasses of water
- Brush and clean the mouth but do not eat or drink anything for 45 minutes
- After 45 minutes you may eat and drink as normal.
- After 15 minutes of breakfast, lunch and dinner do not eat or drink anything for 2 hours
- Those who are old or sick and are unable to drink 4 glasses of water at the beginning may commence by taking little water and gradually increase it to 4 glasses per day.
- The above method of treatment will cure diseases of the sick and others can enjoy a healthy life.

The following list gives the number of days of treatment required to cure main diseases:

1. High Blood Pressure - 30 days
2. Gastric - 10 days
3. Diabetes - 30 days
4. Constipation - 10 days
5. Cancer - 180 days
6. TB - 90 days

Arthritis patients should follow the above treatment for only 3 days. In the 1st week to be followed by daily treatment. This treatment method has no side effects.